

When to Wash/Sanitize Hands

1. Children and staff **will wash their hands or use hand sanitizer** often, making sure to wash all surfaces of their hands (e.g., front and back, wrists, between fingers).
2. Reinforce to staff and children that they must be regularly washing their hands with soap and water for at least 20 seconds and **should wash hands whenever the following criteria are met:**
 - a. Upon entry into and exit from classroom
 - b. When coming in to the program space from outside activities
 - c. Before and after eating
 - d. After sneezing, coughing or nose blowing
 - e. After using restroom
 - f. Before handling food
 - g. After touching or cleaning surfaces that may be contaminated

