



APRIL

2019

Bright Colors...Big Flavors...

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 "Made For You"
Chicken Caesar Salad
Made to Order
Grape Tomato Poppers
Ranch Dipping Cup
Applesauce Fruit Cup
Ice Cold Milk

2 Grilled Chicken
Bacon Club
Grilled Chicken with Bacon,
Cheese, Shredded Lettuce &
Tomato on a Bulky Roll
Crispy Baked Fries
Fresh Fruit Salad
Ice Cold Milk

3 "Breakfast For Lunch"
Breakfast Sandwich
Egg, Ham & Cheese
on a Hash Brown Potato
Cucumber Coins
Pump Juicy Grapes
Ice Cold Milk

4 "Ball Park Frank"
On a Whole Grain Bun
Celery Sticks
with Hummus
Granny Smith Apple
Ice Cold Milk

5 "Everett Mac"
Juicy Cheeseburger
On a Whole Grain Bun
With Special Sauce,
Lettuce & Pickles
Garden Salad
Fresh Watermelon
Ice Cold Milk

Please look at the back of the menu...

8 "Club Sandwich"
Ham, Turkey, Bacon,
Cheese, Lettuce on Whole Wheat Bread
Red Delicious Apple
Grape Tomato Poppers
Ranch Dipping Cup
Fresh Cantaloupe
Ice Cold Milk

9 "Simply Put"
All White Meat Chicken
Breast Sandwich
Broccoli Florets
Ranch Dipping Cup
Peach Fruit Cup
Ice Cold Milk

10 "Fishing Around"
Tuna Salad Sandwich
on a Soft Wheat Bulky Roll
Cucumber Coins
Hummus Dipping Cup
Ruby Red Apple
Ice Cold Milk

11 "Just For You"
Personal Pan Pizza
Garden Side Salad
Baby Banana
Ice Cold Milk

12 "Sunday Dinner"
Breaded & Baked
Chicken Dinner
With Whole Wheat Bun
Sweet Corn Nibbles
Craisins
Ice Cold Milk

We offer a huge variety of options for you to choose from every day. There is something for everyone. Every meal comes complete with fresh veggies, and milk. When possible we will purchase local and source our farm to table ingredients.

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22 Maple Bacon Chicken
Breaded Chicken Breast with
American Cheese and Bacon Served
with a Maple Syrup Cup
Sweet Corn Nibbles
Juicy Grapes
Ice Cold Milk

23 Power Pack
Snack Pack
In a Grab n Go Container
Hummus, Pretzels, Mozzarella String
Cheese and Grapes
Cucumber Coins
Fresh Melon Cup
Ice Cold Milk

24 Tex-Mex
Burrito
Beef Taco Meat and Cheese Rolled
in a Soft Wheat Tortillas
Side of Salsa
Grape Tomato Poppers
Ranch Dressing
Strawberry Fruit Cup
Ice Cold Milk

25 PBJ or
Sun Butter & Jelly
Crispy Baked Hash
Brown Potato
Sun Kissed Orange
Ice Cold Milk

26 Mama's
Meatball Parmesan
Sub
Garden Side Salad
Dried Pineapple
Chews
Ice Cold Milk

You can choose from or take one each!
Fresh Fruit
100% Fruit Juice
Canned Fruit,
Box of Raisins,
Craisins,
Carrot Sticks,
Veggie of the Day

29 "Deli Delicious"
Made to Order
Deli Station
You name we make it!
Celery Sticks
Ranch Dipping Sauce
Fresh Melon Cup
Ice Cold Milk

30 "Perfect Parfait"
Fresh Berries, Topped with
Yogurt and Crunchy Granola
Broccoli Florets
Hummus Dipping Cup
Baby Banana
Ice Cold Milk

We offer 1% White Milk, and Skim Milk

Lunch and Breakfast is FREE to all!

Breakfast Menu

If Breakfast is served in your classroom.

Mon: Rice Crispy Bar, Animal Cracker, 100% Fruit Juice, Milk

Tues: Cereal Pouch, Graham Crackers, Fresh Fruit, Milk

Weds: Whole Grain Muffin, Animal Cracker, 100% Fruit Juice, Milk

Thurs: Cereal Bowl, Graham Crackers, Fresh Fruit, Milk

Fri: Rice Crispy Bar, Graham Crackers, Fresh Fruit, Milk

If Served in Café Breakfast Includes:

Warm Whole Grain Pancakes or Warm Whole Grain Waffles or Warm Whole Grain Fruit Strudels or Warm Whole Grain Cini Minis or Whole Grain

Menus are subject to change without notice.

